

INTERVIEW PREPARATION CHECKLIST

Use this checklist to prepare for all stages of your job interview process.

BEFORE

Consider your qualifications, experiences, and expectations as they relate to the following elements of the role:

- Duties and responsibilities
- Skills, abilities and experience
- Industry, product, and network knowledge
- Educational qualifications

- Organizational structure
- Working environment
- Opportunity for challenge/career advancement
- Create mini-stories present your background, skills and achievements as benefits to the employer
- Confirm the interview date, time, location, directions, and walk-in instructions
- Confirm the names, titles, and expectations of each person participating in the interview
- Develop a list of questions to ask
- Do not drink, smoke, or consume a large meal prior to the interview

DURING

- Dress professionally and conservatively
- Carry a portfolio with notes, copies of your resume, and business cards (if applicable)
- Do not bring cell phones into the interview or ensure it is on silent
- Maintain a high level of energy and eye contact
- Pay attention to your body language
- Treat every person encountered as someone who may have a part in the hiring decision smile, hold doors for others, and treat the receptionist well
- □ If asked a tough question, pause and ask for a moment to think

AFTER

- □ Write personal thank you notes to anyone you interacted or interviewed with
- Follow up with the hiring manager on the timeline given

VIRTUAL/PHONE INTERVIEW TIPS

- **D** Test the camera and microphone before the interview
- Ensure you are in a well-lit, quiet setting
- Make sure your background is clean or utilize the blur/green screen features
- Remember to look at the camera, not at yourself when talking